

Program Guide

Honoring Choices and Advanced Care Planning: What's New

Thursday, February 13, 2025

Check out our Virtual Exhibit Hall at :

<https://www.fcnntc.org/about-us/partners-sponsors/virtual-exhibit-hall/>

Zoom Meeting Information

<https://us02web.zoom.us/j/87943518062?pwd=6wqZJOxWB2XoLm4GYCUqiadbg6i7yz.1>

Meeting ID: 879 4351 8062

Passcode: 627864

Technology Assistance

Call office at 651-204-0904. Text 612 - 363 - 8251.

Zoom Support

Join the meeting by using this URL:

<https://us02web.zoom.us/j/87943518062?pwd=6wqZJOxWB2XoLm4GYCUqiadbg6i7yz.1>

or

From Zoom.com or Zoom App & Click on **Join**.

Enter Meeting ID: 879 4351 8062

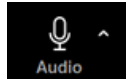
Enter Passcode when prompted: 627864

How to troubleshoot audio issues

ALL audio settings in zoom can be accessed by selecting the arrow next to the microphone icon.

Check your device

- Check if the microphone, speakers, or headphones are plugged in and not muted.
- Unplug the device, then plug it back in.
- If it's a Bluetooth device, ensure that it is turned on and connected properly.
- Make sure that you are using a **supported USB device for Zoom**.
- **Note:** USB devices not listed within the above article may still work with Zoom. However, the devices listed are what we recommend for the most optimal experience. Supported USB devices are less likely to encounter audio issues.
- Ensure that no other applications are using the microphone at the same time.



Check headphone connectivity

In addition to making sure that your headphones are plugged in and not muted, try the following steps:

- For Bluetooth headphones, **troubleshoot common Bluetooth issues**.
- For wired headphones on Windows devices, you may need to **adjust the volume mixer** within your device's settings to ensure that the Zoom app is not muted.

Test your audio

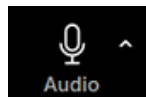
- **Test your audio to ensure that it is working properly.**

Check audio settings

- Make sure that the **correct audio output is selected.**
- Adjust the **sound or volume settings.**

If your audio continues to not work...

Select the arrow next to the microphone icon.



You can switch to use your phone as audio from the menu by choosing "Switch to Phone Audio". If joining from a mobile device, there may be other options to try. You will be given a phone number to call into. You will need to enter the Meeting ID and Passcode.

Honoring Choices and Advanced Care Planning

April 10, 9:15 a.m.-1:00 p.m. Cntrl Time

Description:

Honoring Choices, Minnesota will guide us through the recent changes in Advance Care Directives and the role of FCNs and other health professionals in helping individuals ensure their wishes for health care are respected. We'll examine the spiritual care aspects of advance care planning.

FCN Scope and Standard: This symposium addresses Standard 5 A: Coordination of Care: The FCN advocates for the delivery of dignified and whole-person humane care by the interprofessional team.

Learning Outcomes:

1. List reasons why health professionals should encourage advance care planning.
2. Describe recent changes in health care directives.
3. Identify communication strategies for health professionals to help them facilitate advance care planning with a variety of health care consumers.
4. Describe resources in Minnesota and nationwide for advance care planning.
5. Discuss spiritual needs and spiritual care related to advance care planning.

Schedule:

8:55-9:10 Please check in to Zoom so we can start on time. Thank you!

9:15 Welcome and Prayer

9:20 FCNN Updates: Sam Sleeman and Sondra Weinzierl

9:30 Heather Thonvold, Director, Honoring Choices, Minnesota

10:30 Break

10:40 Heather Thonvold continues

11:20 Presentations by Sponsors and Collaborative Partners

11:40 Break

11:50 Reverend Ed Holland presents

12:30 Case Studies and Discussion—Ed Holland and Sondra Weinzierl

12:55 Summary and Evaluation

1:00 Adjourn

This program is sponsored by the Faith Community Nurse Network of the Greater Twin Cities and provides three Continuing Education Credits designed to meet the criteria for CEs in the State of Minnesota for RNs. Other health professionals should check with their licensing body to see if these credits meet their criteria.

Speaker Biographies

Heather Thonvold, Executive Director, Honoring Choices, MN *(they/them)*

Heather assumed the role of Executive Director of Honoring Choices in December 2023. Prior to that, Heather worked for over a decade in the healthcare and senior services fields, most recently as an Assisted Living Executive Director. Heather is a Board-Certified Chaplain with the Association of Professional Chaplains and served patients and families in the Allina Hospice program for seven years. Heather is a proud veteran and served in the Air Force Reserve as a chaplain candidate.

Heather holds a Master of Divinity from Seattle University and a BA from Marquette University, where they competed on the Division-I Track and Field Team. Heather recently completed a second master's degree in organizational leadership from Saint Catherine University in Saint Paul, MN. They originally hail from Washington State and love being outside, preferably while drinking a good cup of coffee. However, Heather's greatest accomplishment in life is being married to the amazing Aubrey for 11 years and building a life of compassion, authenticity, and joy.

The Rev. Edward J. Holland, MDiv, BCC (Ret), MFT (Ret), Board of Directors, Honoring Choice, MN

served as the Coordinator of Spiritual Care & Grief Support with Park Nicollet Methodist Hospice in Minneapolis, a program he helped to create in 1979. Ed is a United Methodist minister, a retired Board-Certified Chaplain (BCC-APC), a certified Gestalt therapist and a retired marriage and family therapist.

Ed served on the National Hospice & Palliative Care's (NHPCO) Spiritual Care Section Steering Committee and was a "content expert" and co-editor of the first and second editions of NHPCO's *Guidelines for Spiritual Care in Hospice*. He is a past president of Minnesota Hospice Organization (MHO - now known as the Minnesota Network of Hospice & Palliative Care or MNHPC), has served as a member of their Ethics Committee and chaired their Clergy Education Task Force. Currently, Ed serves as a member of MNHPC's Education & Training Committee. Ed is a certified *Respecting Choices*® Advance Care Planning Facilitator & Instructor and serves as a volunteer member of Park Nicollet's Advance Care Planning Team, focusing on community education. Ed is a former Board member of the Minnesota Coalition for Death Education & Support (MCDES) and a former Board member (Secretary) of the Faith Community Nurse Network of the Twin Cities. He has also served as a leader with his denomination's Health Ministries Team since 1976. More recently, Ed serves as a member of MN Interfaith Clergy for End-of-Life Options, a *Compassion & Choices* advocacy group.

Sondra Weinzierl, MA, BAN, Faith Community Nurse

Sondra received her Bachelors in Nursing degree from Gustavus Adolphus College and her Masters of Arts degree from the University of St. Thomas in Adult Education. She's provided workshops, team facilitation, strategic planning and health promotion consultation to a wide variety of organizations in government, health care, education and industry. She served as an FCN in faith communities in Boston, MA and in Minnesota. She currently serves as Director of Education for the Faith Community Nurse Network designing and delivering education programs for health professionals.

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- **Community Services** — offering support and resources to family caregivers of older adults living in the east metro, including local resource navigation, caregiver training and education, memory loss caregiver support groups, and The Gathering (group respite program offering enrichment for adults with memory loss)

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