

Resources on Trauma and Trauma-Informed Care

Please note: The resources below have not been thoroughly reviewed by FCNN and therefore are not necessarily endorsed. Please review for their appropriateness in your setting.

Websites:

<https://www.samhsa.gov/resource/dbhis/trauma-informed-care-webpage>

https://ncsacw.acf.hhs.gov/userfiles/files/SAMHSA_Trauma.pdf Concept of Trauma and Guidance for a Trauma Informed Approach

<https://worship.calvin.edu/resources/resource-library/becoming-a-trauma-informed-faith-community/#:~:text=It%20is%20helpful%20when%20congregations,c,hoose%20relationships%20rather%20than%20isolation.>

<https://www.traumainformedchurches.org/>

<https://ncchurches.org/sacred-series-toolkit-becoming-a-trauma-informed-faith-community/>

Books:

Van der Kolk, B. (2014) *The Body Keeps the Score. Brain, Mind and Body in the Healing of Trauma*. New York: Penguin Books (Many recommend that if you only read one book on the topic of trauma, this is the one to read.)

Perry, B., Winfrey, O. (2021) *What Happened to You: Conversations on Trauma, Resilience and Healing*. New York: Flatiron Books.

Greaves, L. Poole, N. (2012) *Becoming Trauma Informed*. Center for Addiction and Mental Health

Boyle, G. (2011) *Tattoos on the Heart: The Power of Boundless Compassion*. New York: Free Press (This book, while not specifically on trauma is a powerful story of how compassion from a spiritual leader can positively impact the lives of children impacted by trauma.)

Articles/Online

Ellis, H. M., Hook, J. N., Freund, C., Kranendonk, J., Zuniga, S., Davis, D. E., & Van Tongeren, D. R. (2023). Religious/spiritual abuse and psychological and spiritual functioning. *Spirituality in Clinical Practice*.

Advance online publication. <https://doi.org/10.1037/scp0000346>

Fleishman, J., Kamsky, H., Sundborg, S., (May 31, 2019) "Trauma-Informed Nursing Practice" *OJIN: The Online Journal of Issues in Nursing* Vol. 24, No. 2, Manuscript

3. <https://doi.org/10.3912/OJIN.Vol24No02Man03>

Stokes Y, Jacob JD, Gifford W, Squires J, Vandyk A. *Exploring Nurses' Knowledge and Experiences Related to Trauma-Informed Care*. *Glob Qual Nurs Res*. 2017 Oct 15;4:2333393617734510. doi: 10.1177/2333393617734510. PMID: 29085862; PMCID: PMC5648082.

<https://www.christianitytoday.com/better-samaritan/2023/mnay/9-ways-to-start-your-journey-as-trauma-informed-church.html>