

Trauma & Trauma-Informed Care: The Basics

Thursday, January 18, 2024

9:15 am to 1:00 pm ~ via zoom

DESCRIPTION

Trauma is a pervasive problem in our world today. It results from exposure to an incident or series of events that are emotionally disturbing or life-threatening and have lasting effects on an individual's functioning and mental, emotional, physical, social, and spiritual health and well-being. As RNs, FCNs and faith community leaders, we need to be able to assess those we serve for trauma as well as understand the complexities of their care.

This series addresses these ANA Scope and Standards of Practice for faith community nurses:

- Standard 2: the FCN analyzes assessment data to determine actual or potential diagnoses, problems, and issues.
- Standard 8: The FCN practices in a manner congruent with cultural diversity and inclusion principles.

SPEAKERS:

Heidi Kammer-Hodge, MSW, Consultant, Leader, Educator
Charlene Brown Smith PhD, MSN, Faith Community Nurse
Sondra Weinzierl, MA, BAN, Faith Community Nurse

LEARNING OBJECTIVES

1. Define trauma and trauma-informed care.
2. Identify the types of trauma that can occur throughout the lifespan.
3. Identify signs and symptoms that may be present in trauma survivors.
4. Identify the implications of racial generational and historical trauma.
5. Describe spiritual trauma and how trauma can impact spiritual health.

This symposium was designed to meet the Minnesota Board of Nursing criteria for 3.0 hours of continuing education for RNs. It is the responsibility of each participant to determine if the offering meets CE requirements for their profession.

[Register Now](https://www.fcnnctc.org/education/continuing-education-symposiums/)

<https://www.fcnnctc.org/education/continuing-education-symposiums/>

or

call 651.204.0904.