Foundations of Faith Community Nursing Course

***Behavioral Health***

Case Studies

**Case Study #1: Alice**

On Wednesday evening at church, a congregant named Alice approaches you, the FCN, and asks you to talk with her about getting a doctor’s appointment. Alice tells you that she is feeling hopeless, has no interest in doing her crafts, and is sleeping all the time. She is not sure what is wrong with her and doesn’t know who to consult.

What do these complaints suggest to you?

What questions and actions would your assessment include?

Group Activity:

* Person with birthday nearest today lead and
* Person with birthday furthest from today record and report to main group
* Assess symptoms and make appropriate referral

**Case Study #2: Mr. Zane**

On Sunday morning you, the FCN, are taking blood pressures. While taking Mr. Z’s blood pressure, you notice that he is continually cocking his head and looking around. You also observe that he is disheveled and has body odor. When you talk with him about his condition, he is slow to answer, as if you are interrupting a conversation he is having.

What do these observations suggest to you about Mr. Zane?

What questions and actions would your assessment include?

Group Activity:

* Person with birthday nearest to today lead the group and
* Person with birthday furthest from today record and report: symptoms, nursing actions, referral, and plan to the main group
* Ask the group you are reporting to if there is anything different they would like to add