

*Caring for Others?  
We're Here to Help.*

# CAREGIVER SERVICES

Are you or someone you know helping an older adult who is your spouse, partner, family member, friend, or neighbor and you're looking to connect for support?

**Give us a call.**

**We'll help you  
navigate the journey.**

*Specializing  
in memory  
loss caregiver  
support*



(651) 632-5320

[www.lyngblomsten.org/caregiving](http://www.lyngblomsten.org/caregiving)

*Offered through:*

 **2<sup>nd</sup> Half** with Lyngblomsten

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2nd Half with Lyngblomsten's Caregiver Services team is here to help you on your caregiving journey. Our staff are providing individualized support and resources to caregivers over the phone, via email, online via Zoom, and in person.

## **Connect with us for:**

- **Education and Access to Resources**
- **Memory Loss Caregiver Support Groups**
- **Caregiver Coaching**  
*Memory loss specific*
- **Group eRespite**  
*Interactive online experience for people living with memory loss*
- **The Gathering**  
*In-person respite program for people living with memory loss*

## **Don't know what you need?**

Connect with us. Our trained staff are here to listen and will help you take the next step on your journey.



*For more information:*

## **2nd Half with Lyngblomsten**

(651) 632-5320 | [caregiving@lyngblomsten.org](mailto:caregiving@lyngblomsten.org)  
[www.lyngblomsten.org/caregiving](http://www.lyngblomsten.org/caregiving)

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