Dear Friends,

What an exciting year of growth, fresh ideas, new leaders, and expansion at the Faith Community Nurse Network. We are filled with gratitude!

The Minnesota Department of Human Services awarded FCNN a major grant to bring the highly regarded falls prevention program, Stepping On, to faith communities in the Twin Cities and 12 Southeastern Minnesota counties. By educating 60 faith community nurses as Stepping On leaders who can then lead this prevention program in their congregations, we’ll be able to reach hundreds of older adults over the next two years. And prevent countless falls.

Our Education Programs continue to thrive. Nearly 200 faith community nurses attended our quarterly symposiums this year and our Foundations of Faith Community Nursing course, offered twice annually, has now graduated more than 110 nurses.

We enter 2017 excited about the future. We are particularly blessed with vibrant staff leadership in our Program Director Jessica Drecktrah, Administrative Manager Becky Afzali, and Administrative Assistant Abby Jessen. With your continued support, we look forward to further growth and good work in the coming years.

With thanks,

Todd Archbold, LSW, MBA, FCNN Board Chair

Wanda Alexander, RN, MPH, FCN, FCNN Director
About FCNN

Mission & Vision
Our MISSION is to champion faith community nursing through education, program & professional development, networking, advocacy, and research.

Our VISION is to work in partnership with others to bring faith community nursing to every congregation in the Twin Cities.

Who We Are
The Faith Community Nurse Network (FCNN) is an interfaith, service organization founded in 2004 by faith community nurses for faith community nurses. Our mission is to champion faith community nursing through professional education, communications and networking, program funding, research, and leadership opportunities.

Who is a Faith Community Nurse?
A faith community nurse is an experienced, actively licensed registered nurse (RN) who has completed specialized professional nursing education focused on intentional care of the spirit in the faith community setting. She is knowledgeable in two areas – professional nursing and spiritual care.

For questions, please contact:
Faith Community Nurse Network of the Greater Twin Cities
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475 Cleveland Avenue North, Suite 205, St. Paul, MN 55104
Support

County, Corporations & Foundations
Hennepin County Department of Human Services and Public Health Department
Minnesota Department of Human Services
Stevens Square Foundation

Program Partners
Minnesota State Services for the Blind
Volunteers of America
Grace Hospice
St. Therese of Woodbury

Community Partners
Olmsted County
Vision Loss Resources
Wisconsin Institute for Healthy Aging
YMCA Heritage Park

Program Sponsors
Above & Beyond Senior Living
Arthur’s Residential Care
Augustana Care
Avinity Senior Living
Capital Senior Living: Rose Arbor & Wildflower Lodge
Ecumen Home Care
Gianna Homes
Home Instead Senior Care
Hospice of the Twin Cities
Martin Luther Campus
Mayo Foundation for Medical Education and Research
McGruff Safe Kids
Metro Elder Services Association

Metropolitan Caregiver Service Collaborative (MCSC)
Oak Meadows Senior Living
Olive Branch Estates Memory Care
Our Lady of Peace Hospice
Parkinson’s Specialty Care
Residential Care Providers Network
Right at Home
Shepard Park Senior Living
St. Croix Hospice
St. Therese of Woodbury
Stoney River Assisted Living - Ramsey
The Alton & The Wellington
Touching Hearts at Home
University of Minnesota School of Nursing

Memorial Gifts

In Honor of Joan Alexander
Wanda Alexander

In Honor of Wanda Alexander
Laura Rydholm
Valborg Tollefsrud

In honor of Valborg Tollefsrud
Wanda Alexander

In honor of Nurses
Lori Diebel

James R. Alexander Memorial
Joan Alexander
Wanda Alexander

Pedro & Epifania Dumalag Memorial
Nico Haight

Peggy Johnson Memorial
Paula Heppner

Bob Olander Memorial
Kristine Martin
Wanda Alexander

Merwin and Karen Oyen Memorial
Carolyn Orttel

Pat Rudolph Memorial
Dana Lee Cook

Gail Thompson Memorial
Marilyn Pucossi

Friends of FCNN
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Sondra Weinziell, FCN
Joann Weissman, Ph.D, FCN
Sharon Williamson, FCN
Leadership & Staff

Board of Directors
Wanda Alexander (Secretary, Treasurer)
Todd Archbold (Chair)
John Bennett
Janessa Berkowitz (vice-Chair)
Cynthia Bernards
Otis Borop, Pastor
Deb Lane (vice-Chair)
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Carolyn Orttel (Chair)
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Marketing Committee
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Todd Archbold
John Bennett
Pastor Otis Borop
Jessica Drecktrah

Research Committee
Wanda Alexander
Lori Anderson
Janet Benz
Yvette Dulohery
Nebiyu Eguale
Bernita Missal
Sondra Weinzierl (Chair)
Joann Wessman

FCNN Team

FCNN added two new staff positions in 2016: an Administrative Assistant and a Program Director. The Administrative Assistant position supports both FCNN general programming and the new Stepping On falls prevention program. The Program Director heads the Stepping On Program.

Becky Afzali, Administrative Manager, Volunteer Coordinator
Jessica Drecktrah, MHA, MN, RN, FCN, Program Director
Abby Jessen, Administrative Assistant
2016 Accomplishments

Stepping On Program

The Network was awarded a two-year, $232,243 Live Well at Home grant from the MN Department of Human Services in June, 2016 to support the Stepping On program. Stepping On is an evidence-based falls prevention program that has demonstrated a 31-50% reduction in falls. This grant enabled us to employ a full-time Program Director (Jessica Drecktrah, MHA, MN, RN, FCN) to lead Stepping On. FCNN staff, Becky Afzali, Volunteer Coordinator, and Jessica completed Stepping On Leader Training in September, 2016. In December, they led a Stepping On workshop in Minneapolis at the Volunteers of America Southwest Senior Center, reaching 11 older adults. By June, 2018, FCNN is planning to prepare 60 nurses to lead the Stepping On program in Minnesota, reaching approximately 720 community-dwelling older adults.

Stepping On Program

This has been an exciting year for us at the Faith Community Nurse Network! This past August, it was my privilege to officially join the organization. My connection to FCNN began years ago when I met Wanda Alexander. She activated me to pursue my dream to become a nurse before age 40. When Wanda asked me to take this job, I was a home care nurse who was often entering patients’ homes as they returned from the hospital… AFTER A FALL. The health and quality of life repercussions were often serious --- if my patients survived.

Since joining the network as a staff person, I have been blessed to take the Foundations course so that I may practice the specialty of Faith Community Nursing. In September 2016, I became a Stepping On Leader with Becky Afzali, Volunteer Coordinator, to address falls prevention within the local community. With the support of Abby Jessen, Administrative Assistant, together we began our first workshops winter 2016 at the VOA SW Senior Center and at YMCA Heritage Park.

In 2017, with the financial contribution from the Department of Human Services, Hennepin County and Steven’s Square Foundation, our entire team intends to support 60 more Faith Community Nurses as they become Stepping On Leaders within the community. Together we will work with a network of volunteers to prevent falls and to save lives across the Greater Twin Cities and Southeast MN areas.

Blessings!
Jessica Drecktrah, MHA, MN, RN, FCN
Program Director, Faith Community Nurse Network
We welcomed 17 new faith community nurses who completed a weeklong *Foundations of Faith Community Nursing* course. FCNN offers the course twice a year in the Twin Cities. An interfaith faculty of practicing FCNs, all of whom hold either a Masters or Doctoral degree leads the course. FCNN has graduated 119 nurses from the course since 2010, one-third with scholarships.

FCNN’s Continuing Education Committee organized four *Faith Community Nursing Symposiums* in the Twin Cities Metro Area. FCNN symposiums focus on topics specific to FCN practice and the nurses who participate receive 3.6 nursing contact hours for each symposium. An average of 80 nurses attended each Twin Cities symposium. FCNN also worked with a small group of FCNs in Southeast Minnesota to organize our first symposium in Rochester, Minnesota. Twelve FCNs attended the program led by the MN State Services for the Blind.

**2016 Symposium topics included:**
- Minnesota's Aging Eyes Initiative with Margaret Klein, MS, SPHR (Offered both in the Twin Cities and in Rochester)
- FCNs Reach Out and Serve with Volunteers with Judy Urban, RN, BSN
- Palliative Care with Lyn Ceronsky, DNP, GNP, FPCN, Dot Landis, MSW, LICSW, and Sister Annette Langdon, RN, MA
- Caring for the Whole: Spiritual Caring and Prayer with Susan Dyess, PhD, RN, AHN-BC, NE-BC
Volunteer Program

Thanks to two grants received from the Stevens Square Foundation, awarded October 2015 and October 2016, FCNN continued to build and expand a comprehensive volunteer program. In 2016, 31 volunteers served FCNN totaling 403 volunteer hours. Many of the volunteers worked on committees to support FCNN programming, which helped FCNN provide resources for nurses who serve faith communities throughout the Greater Twin Cities.

In October 2016, FCNN staff began to recruit professional volunteers for the Stepping On falls prevention program. These volunteers, who include physical therapists, pharmacists, vision specialists, and community safety officers, share their professional expertise with older adult participants of the Stepping On community workshops.

2016 Financials

Income

- Hennepin County Contract $36,000
- MN DHS Contract $37,909
- Foundations, Corporations & Businesses $29,200
- Individual Contributions $8,971
- Program Revenue $16,295
- Other Revenue $1,283
- In-kind, Hennepin County $88,426

TOTAL INCOME FY2016 $218,084

Expenses

- Salaries and Wages $84,903
- Other Employee Benefits $2,400
- Payroll Taxes $6,615
- Accounting Service $450
- Office/General Expenses $9,659
- Information Technology $2,169
- Occupancy $6,052
- Travel $1,465
- Symposium/Courses/Workshops $9,524
- Insurance $2,271
- Other Expenses $849
- In-Kind $88,426

TOTAL EXPENSES FY2016 $214,333

2016 INCOME

- Contributions, Gifts & Grants $112,080
- Program & Services $16,295
- Other $1,283
- In-Kind $88,426

2016 EXPENSES

- Program Service $108,548
- In-Kind $78,699
- Management & Fundraising $17,359
- In-Kind $9,727